

FUR BABY on board

Road-tripping with pets? We asked Liv Hagen, manager of shelter behavior services at the Animal Humane Society, for tips. *By Ashley Flaws*

PHOTO: GETTY IMAGES

1

PREP YOUR PET

Allow dogs plenty of exercise before a long car ride. Pack a favorite toy or blanket to help keep dogs and cats calm. If your pet is especially anxious in the car, try spraying naturally relaxing pheromones (available at vet clinics or online) on his blanket or crate. It's best to keep your pet's feeding schedule as normal as possible; discuss any changes with your vet. But do make sure your pet has access to fresh water during the ride.

2

TAKE BREAKS

Let dogs out to relieve themselves every few hours. Don't wait until they're noticeably uncomfortable and whining. Make sure they are on leashes and wearing collars with ID tags when outside the vehicle—and don't feel bad telling passersby not to pet an overwhelmed pet. Cats are more likely to startle, run, and hide, and should stay in the vehicle. Line your cat's carrier with newspaper, towels, or potty pads for bathroom needs.

3

KEEP YOUR COOL

Contain pets safely inside crates or carriers while driving, or use a harness to secure your dog to the seatbelt. Letting them roam free could interfere with the driver and endanger everyone. And expect a little noise: Cats and dogs are likely to yowl or bark on trips. Don't worry unless it becomes excessive and is accompanied by panting, urinating, or vomiting. Playing soothing music might help, but you may just have to ride it out.

MEET SWEET, FLUFFY *Siena*

Pets are part of the Allrecipes family, too. We call them Allrecipets. This issue's featured Allrecipet is Siena, a lovable fluff ball who lives in Peabody, Massachusetts, with her proud mama, Deb Crowell (aka Deb C).



"My Siena is such a beautiful and charming cat. I named her after the magical city of Siena, Italy. I adopted her 10 years ago after she had been rescued from a negligent situation. Despite her rough beginning, she is the sweetest and most affectionate kitty and loves to be near people. You'll often find her on her kitchen window perch supervising my baking or sleeping beside me in bed. She's dwarfed by her sister, Molly, a Rottweiler mix. They make an adorable odd couple." —*Deb C*